

## **Inequalities in living well with dementia – the impact of deprivation on wellbeing, quality of life and life satisfaction: Results from the Improving the experience of Dementia and Enhancing Active Life (IDEAL) study**

How might where you live affect your ability to live well with dementia?

People living in more deprived areas tend to have poorer health and fewer health services available to them than people living in more wealthy areas. This could make it harder to live with conditions like dementia.

We wanted to find out whether the type of area people live in influences their ability to live well with dementia.

We asked 1547 people with dementia about their experiences of living well. By living well we mean how people feel about their quality of life and wellbeing. We looked at their answers alongside information about the areas they lived in.

For people who lived with a carer, those in more wealthy areas were living better than those in more deprived areas. Their scores were up to 10% higher. This was the same for people living in towns or cities and people living in the country.

For people who did not live with a carer, area did not make a difference to their scores for living well.

Extra resources and support could be provided for people with dementia and carers living in the most deprived areas.

This is a summary of a [research article](#) which appeared in the **International Journal of Geriatric Psychiatry** in September 2018.