

2018

MESSAGE FROM IDEAL-2



THANK YOU

Thank you for supporting the IDEAL study. We are delighted that so many people think that the study is worthwhile and agreed to take part. In **IDEAL-2** we would like to continue to learn more about what it means to you to live well over the next few years.

IDEAL and IDEAL-2

We are excited about the new start and we will build on the excellent work of IDEAL to learn more about how we can support people like you to live with dementia. Funding for the **IDEAL-2** programme started in January 2018 and we are currently busy preparing for IDEAL-2.



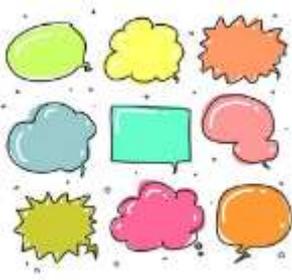
WHAT'S NEW IN **IDEAL-2**?

We will ask you questions similar to those in IDEAL to see how/if your experiences have changed over time. For those taking part with a diagnosis of dementia, the overall number of questions has **reduced by 50%**. For carers, based on the feedback from participants and researchers we have made the booklets as **clear and easy to complete as possible**.



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As well as the main study that you are familiar with, we have lots of extra plans for **IDEAL-2**. For example, we will work with people with dementia to create new user-friendly research tools. Another goal for us is to create a theatre play based on the results of IDEAL and to develop a new method of communication with people who find language particularly difficult.

WE WILL INVITE YOU

We would like to invite you to join us in **IDEAL-2**. We would be very happy to hear more about you and your experiences. Your local research team will be in touch about how to get involved. We cannot give you an exact time for this, as it will depend on when you joined/completed IDEAL.



WHAT WILL TAKING PART IN IDEAL-2 INVOLVE?

A researcher would meet with you and ask how you are and how your life has been since the last time they visited. They would revisit you yearly after that for three years.



We would love to have your continued support and co-operation during the **IDEAL-2** study.

Your IDEAL-2 Team at University of Exeter

Marta, Rosie, Jemma, Barbora, Annette and Linda

